HANDSWORTH PRIMARY SCHOOL



Maths Workshops

We are pleased to announce that we have Maths workshops planned for parents and carers of those children in Key Stage 2.

The Year 3 and 4 workshop will be at 3.45pm on Tuesday 22nd November and Year 5 and 6 will be at 3.45pm on Thursday 24th November.

Both sessions will provide help, support and guidance as to how you can help your child to make progress in Maths.

The sessions will be held in classrooms. If you would like to know more about Maths at Handsworth, please click <u>here</u>

Mrs Nairne's Headlines

Children In Need Day

Friday 18th November is Children in Need! Year 6 will organise and arrange the day. Children will bring in money to enjoy the various activities on offer.

This is a fantastic opportunity to have fun as a school and raise money for charity. For a donation of \pounds 1 children will be able to come to school in their own clothes.

This year we are asking for children to bring in an extra £1 for the Wellbeing Winter Wonderland experience that will be taking place at the beginning of December.

This money will go towards hampers that each class will receive.

Anti – Bullying Week

The week beginning 14th November is anti-bullying week. During this week, children will be learning about how to keep themselves and others safe. Children are invited to wear odd socks on Monday 14th November.

As a school we are committed to ensuring that those who have used bullying behaviours understand the impact of this and the consequences of bullying inside school and in the wider community. When appropriate, we also run restorative sessions to encourage those involved to take responsibility for and make amends for their actions.

You can find our Anti-Bullying policy here



MUSIC OF THE WEEK Bhangra

Each week we introduce the children to a different musical artist or genre. The children listen to this music around the school, in class and in assemblies.

If you'd like to come along to our Friends of Handsworth quiz, you can form a half table of 4 or full table of 8!

Each full table gets 2 pizzas.

Come along and have some fun. There will be a paid bar and the evening will run from 7pm - 10pm

It is £10 a ticket - all of which goes to help give our children opportunities and extra resources at Handsworth

If you can help set up on the night, or with the bar please either come along early at 6-6.30 on the night or contact Max.

We hope to see you there!



Thank you very much to our parents for putting their names forward to become a parent governor. Please read all the candidates' statements and cast one vote per parent/carer. Voting is anonymous and will end at midday on Monday 7th November.





Parent and Carer's Maths Workshop

Year 3 and 4 Tuesday 22nd November 3:45pm to 4:45pm

Year 5 and 6 Thursday 24th November 3:45pm to 4:45pm

Sessions will be held in Key Stage 2 classrooms.





Dear Parents/Carers, WOOHOO... MONDAY 14TH NOVEMBER IS ODD SOCKS DAY!

WHAT IS ODD SOCKS DAY?

Odd Socks Day is part of Anti-Bullying Week! To celebrate that we are all unique, we ask that children wear odd socks to school on Monday 14th November. Last year over 13,000 schools took part in Odd Socks Day. Andy Day (CBeebies/ CBBC) and his band Andy and the Odd Socks are supporting the Anti-Bullying Alliance to help bring Odd Socks Day to life again this year. Have a listen to the brilliant song they have recorded especially for Anti-Bullying Week, Calling Out.

WHY IS ODD SOCKS DAY IMPORTANT?

The day sends an important message to pupils that they should be allowed to be themselves free from bullying and helps us celebrate Anti-Bullying Week in a fun and positive way.



We are proud to welcome Nazima Hodkinson who will be joining the Handsworth office team on Monday. We are very much looking forward to working with her.



Willie

Festive Songs

Reception Tuesday 13th December 2.30pm In the main hall

Year 1 Wednesday 14th December 2.45pm In the main hall

Year 2 Thursday 15th December 2.45pm In the main hall

Key Stage 2 Friday 16th December 1.45pm In The Playground







HOW ARE OUR CHILDREN GETTING ON? Parents' Evenings **Open Classroom Tuesday 8th November** Wednesday 18th January 1.30pm - 6pm 3.45 pm - 5.30pm Wednesday 9th November 3.45pm - 6pm School will close at 1pm on Tuesday 8th November

Please pay for School Dinners in advance

The cost of school dinners is £2.50 a meal. This half term the cost is £87.50. If your child is in Key Stage 2 and you do not qualify for free school meals, please make payment on ParentPay.



Our voluntary fund is up and running on ParentPay.

It has a default of £30 but this figure can be amended so any amount can be paid as frequently as you would like.

We have recently received information regarding the impact that the energy crisis will have on our school budget. We have a difficult time ahead of us and any support you can give would be greatly appreciated.

Please click <u>here</u> to donate to our voluntary fund on Parent Pay.



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We believe the children of Handsworth Primary School and Highams Park School deserve a street with less traffic and better air quality at school start and end times, creating a safer and more healthy environment. We are therefore working on a campaign to turn Handsworth Avenue in to a School Street closing the road off to traffic for an hour at drop off and collection times, for the great health benefit and safety of all children.

This campaign is being led by Ben and Marnie, two parents at our school.

We would like to canvas opinion and gather support for the campaign the more people backing the proposal the more likely we can make it happen. We would like parents, teachers and local residents on affected roads to fill in the form on the link below to let us know their views.

<u>Let us know your views.</u>

COFFEE MORNING with

Neurodiversit

Enda Murphy

Cognitive Behavioural therapist and International speaker Take home tips on how to manage your neurodiverse child

Friday 9th Dec 9-11am

Handsworth primary school

















Supporting your child who worry in social situations

Many children can be described as 'shy'. Often, what this can mean is that they are very sensitive to their environment and can easily feel overwhelmed; perhaps they are introverted, meaning that they need quiet time away from people to renew their energy; or maybe they get so absorbed in their play and ideas that they aren't so interested in interacting with others.

How can parents help?

Firstly, try to avoid labeling your children as 'shy', as they may think there is something wrong with them. Instead, be sure to stay sensitive to their needs and empathise with what they are finding difficult. You can point out that they are able to overcome their fears: take the time to coach them on how to make friends and how to express their needs to others. Let them know that it is normal for everyone to feel a little uncomfortable when they first meet someone or walk into a room full of people and brainstorm together ways that children can overcome their worries in these situations. Remember to empower your child and avoid being over-protective. Instead, after validating their feelings, let them know that they are capable of doing hard things.

With best wishes, Greta Integrative Child Psychotherapist











MISSING SCOOTER



THE SCOOTER HAS THE INITIALS SB UNDERNEATH

Please let the school office know if you can help us to return this scooter back to it's owner. Thank you.



COST OF LIVING SUPPORT

Find out what help and support is available to you and your family as the cost-of-living crisis continues to bite.

Get in touch with us to let us Know if you're struggling with your finances <u>school@handsworth.waltham.sch.uk</u>

We know everyone is feeling the pinch this winter, and we want to support those families in our school community who are impacted the most. If you're struggling with your finances, please do get in touch to let us know, as there may be things we can suggest which will help. We want to do everything we can to help you and your child through this difficult winter. Please arrange a meeting with Mrs Nairne if you want to discuss this further.

Contact your local Citizens Advice Bureau or Family Hub

Citizens Advice Bureau (CAB)

You don't have to be a UK citizen to get support from your local CAB, you just need to be a resident of the local area. The CAB can help you with:

- Getting benefits or other financial support organised
- Accessing support for essential costs (food, bills, rent)

Visit the <u>Citizens Advice</u>'s website or contact your local branch to book an appointment <u>https://www.citizensadvice.org.uk/local/waltham-forest/</u>

Family Hub

Contact your local Family Hub to get help accessing all the support you might need as a family. <u>https://thehub-beta.walthamforest.gov.uk/pupil-and-family-support</u>

Check you're paying the right amount of tax

Make sure you're on the right tax code. If you aren't you might be due a refund. Use the <u>Money</u> <u>Saving Expert's</u> free tax code calculator to find out.

Claim any benefits you're entitled to

Use 1 of these benefits calculators to determine whether there are any benefits you could be claiming:

- <u>Turn2us</u>
- Policy in Practice
- <u>Support for migrant families</u> use this calculator if you are a migrant family or if you have no recourse to public funds.

You may be able to get benefits paid early if you're already feeling the squeeze - this is known as 'a short-term benefit advance' - you will need to contact the Department for Work and Pensions (DWP) office https://www.gov.uk/short-term-benefit-advance that's dealing with your claim.

Check you've received all the government's cost of living payments

The government's <u>cost of living payment</u> is available for those receiving certain benefits or tax credits. You don't need to apply for these – if you're eligible the money should go straight into your account. If you think you're due a payment, but haven't received one – <u>report a missing payment</u> to the government here.

Be aware of scams! If you receive any emails, texts or phone calls asking you to fill in an application form or asking for your bank details to receive a cost of living payment, do not talk to them or send a reply. Get more information on <u>cost of living scams</u> on the Money Saving Expert's website

Find out what help you can get with your energy bills Take a look at these resources from <u>Simple Energy Advice</u>, the <u>British Gas Energy Trust</u>

and the Money Saving Expert website.

Let us Know if your child is entitled to free school meals (FSM) If your child is eligible for free school meals (FSM) you need to get them registered. This will allow them to get a free meal at school, and we'll get extra funding to support your child's learning.

https://www.walthamforest.gov.uk/schools-education-and-learning/schools-and-

<u>colleges/free-school-meals</u>

See what other support you can get from your local authority

Waltham Forest Support

Local authorities have lots of different schemes that you might be eligible for, including:

The <u>holiday activities and food programme</u> – access to food and activities over the school holidays <u>Help with transport to school</u>

Help with the cost of uniform

Get free or low-cost food

If you're worried about not having enough food to feed your family, you're not alone. There are a number of places offering support.

If you have a child under 4, and meet the eligibility criteria, you may be entitled to <u>healthy start</u> <u>food vouchers</u>

Find a local foodbank with these websites: <u>Bankuet</u>, <u>The Independent Food Aid Network</u>, the <u>Trussell Trust</u>, or your local <u>community fridge</u>

Use food waste apps and websites like <u>Olio</u> (for free food and household items from your local community), <u>Too Good To Go</u> (for low-cost food from local restaurants), or <u>Low Price Foods</u> (food that has passed its best before date, but is still safe to consume)

Further information

- Contact StepChange, if you're struggling with debt
- Contact Shelter if you're having issues related to housing
- Get free household goods on Freecycle
- Contact the <u>Salvation Army</u> for emergency assistance
- See if you're eligible for grants from <u>Turn2us</u>
- Single parents can get support from <u>Gingerbread</u>

Star of the Week 🙀





ЗТС	REANNE	5MW	THEO
3LB	JENSON	5RT	LOUIS
4FB	THOMAS	6SN	ZOEY
4JG	ISLA	6MU	MAX

The purpose of Star of the Week is for us to have the opportunity to celebrate every child in our community specifically. We encourage everyone to celebrate what is wonderful about that child. Children do not need to do anything to earn Star of the Week – each child deserves it and they will each get a turn. The stars also have the opportunity to have tea with Mrs Nairne and Ms Addai.

If your child is Star of the Week we encourage you to ask them to repeat to you some of the positive statements their classmates and teachers make about them and add your own!